

TAKE CHARGE WITH AN ENERGY CHECK!

It only takes a few minutes to see if your home is fit for an **Ener-G Kid**. Check **YES** if it's being done, check **NO** if it's not - and do what it takes to change it to a **YES!**

YES **NO**

1. Lights and appliances off in empty rooms?

2. Regular light bulbs replaced with CFL's?

3. Curtains and shades open in the winter and closed in the summer?

4. Doors and windows closed when the heater/air conditioner is running?

5. Refrigerator door closed?

6. Cans, bottles, cardboard and paper being recycled?

7. Taking showers and keeping them short?

8. Washer and dryer full before they run?

9. Playing outdoors more?

10. Saving energy at school, too?

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Every Mission Begins at Home®

LMH is proud to support this DoD conservation initiative and can provide you with additional strategies and tips for energy conservation on-line or at your local housing office.

THE ENER-G KIDS CLUB WANTS YOU!

It's Easy to Be a Superhero!

All you have to do is save energy, natural resources like trees and water...and you can save the whole planet! **Ener-G Kids** do it every day and you can, too. Just follow these simple tips - and join the club!

1. Switch off lights and any other electric appliances when you leave a room. 
2. Ask your parents to replace regular light bulbs with special energy-saving bulbs called "CFL's." They last longer and use a lot less electricity. 
3. Let the Sun help you stay warm...and cool! **OPEN** window curtains and shades on sunny **WINTER** days, **CLOSE** them on sunny **SUMMER** days. That way, your heater and air conditioner won't have to work so hard.
4. When the heater or air conditioner is running, be sure doors and windows are kept closed.
5. Take what you want out of the refrigerator, then **CLOSE THE DOOR!** 
6. Don't just throw away empty cans and bottles or used paper and cardboard - recycle them. 
7. To save water and energy at the same time, take showers instead of baths and keep them short.
8. Tell your parents they can save even more energy and water if they **ONLY** wash and dry full loads of laundry.
9. On nice days, save electricity by turning off your game consoles, TVs and computers and playing outdoors. 
10. Take these tips to school with you and get your friends to help save energy there, too.

Saving energy is even more fun at the
Ener-G Kids Clubhouse. Come join us at:
LincolnRECP.com/just4kids

